

# ON THE SHOULDERS OF GIANTS

## A Forum on Workforce Resilience

Northern Integrated Family Violence Services and the Northern Metropolitan Indigenous Family Violence Regional Action Group invite you to a forum to promote the wellbeing and resilience of workers responding to family violence



Join colleagues from across the northern metropolitan region to explore workforce resilience through presentations, panel discussion and small group activities

**Understand** the impact of work induced trauma and what you can do to mitigate it

**Hear** from a panel of Aboriginal and mainstream services about strategies to build a resilient workforce

**Reflect** on self care strategies with colleagues from across the service system

**Plan** how you will look after yourself in a rapidly changing reform environment

**Date:** Tuesday, November 8th

**Time:** 9.30 am - 1.00 pm  
(please arrive at 9.15 am)

**Venue:** Ivanhoe (full details on registration)

**RSVP:** Places are limited. Register on [Eventbrite](#) or email [info@whin.org.au](mailto:info@whin.org.au) with queries.

**Cost:** \$25 (includes morning tea)



**WOMEN'S HEALTH  
IN THE NORTH**  
voice • choice • power

