



Northern Integrated Family Violence Services

Family Violence Support Groups in the Northern Metropolitan Region

TERM 2, 2020: April - June

Each school term, Northern Integrated Family Violence Services (NIFVS) produces a calendar of family violence support groups run by organisations in the northern metropolitan region. Support groups include: therapeutic groups for victim survivors, supported playgroups, parenting groups and perpetrator intervention programs. Some groups are ongoing and some are shorter term.

The calendar includes groups being run in Term 2, 2020.

Please contact the agency to see whether the group is proceeding this term and to ensure that that the group is appropriate. For more information on a group, use the contact details provided.

If you would like to include your group included on the calendar or would like further information about the calendar please contact Women's Health In the North on 03 9484 1666 or info@whin.org.au.

Groups for Women

Group	Venue	Dates	Other	Contact
<p><i>Women Standing Strong</i> Your Community Health</p> <p>An 8-week confidential support group for women who have experienced hurtful or abusive behaviour in a relationship.</p>	Reservoir	<p>1 May – 19 June</p> <p>Time: 10.00am-12.00noon</p>	<p>Cost: Free</p> <p>Childcare: Options available</p>	<p>Name: Cassia or Angela</p> <p>Phone: 8470 1804 or 8470 1188</p>
<p><i>Living Well</i> Banyule Community Health Service</p> <p>The Living Well group recognises strengths and individual's values. It is a supportive group where women are encouraged to believe in themselves and can share their experiences if they wish in a safe supportive environment. Creative opportunities for expression are offered.</p>	21 Alamein Road West Heidelberg	<p>Most Tuesdays during the school term (Please check)</p> <p>Time: 1.00-3.00pm</p>	<p>Cost: Free</p> <p>Childcare: Limited. Can accommodate small babies.</p>	<p>Dana: 9450 2610</p> <p>Or Intake (Service Access): 9450 2000</p>
<p><i>Turning the Page</i> North Richmond Community Health</p> <p>A group for women who have experienced family violence.</p>	23 Lennox Street Richmond	<p>Tuesdays starting 21 April for seven (7) weeks</p> <p>Time: 10.30am-12.30pm</p>	<p>Cost: Free</p> <p>Childcare: TBC</p>	<p>Rebekah: 9418 9892 rebekahp@nrch.com.au or Graciela: 9418 9895 gracielaf@nrch.com.au</p>

Groups for Women

Group	Venue	Dates	Other	Contact
<p>Young Women's Group Northern Centre Against Sexual Assault</p> <p>A strength-based, therapeutic group for young women aged 14-16 years old who have experienced sexual assault.</p>	<p>Heidelberg</p>	<p>Thursdays weekly for eight (8) weeks</p> <p>Starting 30 April</p> <p>Time: 4.00 – 6.00pm</p>	<p>Cost: Free</p> <p>Childcare: Not available</p>	<p>Sarah MacWilliams: 9496 2369</p> <p>sarah.macwilliams@austin.org.au</p>
<p>Keeping Safe, Strong and Smart DPV Health</p> <p>A safe, supportive and empowering art therapy support group for women who experienced family violence. All women are welcome.</p>	<p>Broadmeadows</p>	<p>Fridays weekly for six (6) sessions</p> <p>Starting 24 April</p> <p>Time: 10am – 12 noon</p>	<p>Cost: Free</p> <p>Childcare: Provided</p> <p>Interpreter service: Free</p> <p>Prior to the group Individual assessment dates: 1 April to 20 April (weekdays)</p>	<p>For enquires contact Eugenia Phone: 94098787 Email: info@dpvhealth.org.au</p> <p>To book an assessment please contact DPV Health intake on 1300 234 263 Option 5</p>

Groups for Children, Young People and Families

Group	Venue	Dates	Other	Contact
<p>Darebin & Mill Park Koorie Kids Supported Parent Playgroups</p> <p>Victorian Aboriginal Child Care Agency (VACCA)</p> <p>Playgroup for children & their families to gather with other Koorie families, make new friends, hear stories, participate in arts and crafts, dance, express creativity and learn about culture.</p>	<p>2A Raleigh Street, Thornbury</p> <p>62 Carrington Blv, Thomastown</p>	<p>Tuesday 21 April - 23 June Time: 12.00-2.00pm</p> <p>Wed 22 April - 24 June Time: 12.00-2.00pm</p>	<p>Cost: Free</p> <p>Contact facilitator before attending.</p>	<p>Tiani</p> <p>Ph: 9287 8800</p> <p>Mob: 0409 641 571</p> <p>tianid@vacca.org</p>
<p>Connections + N-HARP (Northern Healing and Recovery Program)</p> <p>Provides education, information, and a safe opportunity for women to explore and process information regarding their past and present victimization, explore its impact on their parenting, recovery, and their children's development. Supporting the development of self-esteem and positive relationships to healthy child development.</p> <p>Separate sessions for children, 6-12 years facilitated by early childhood educators and the mothers and children join at the start and end of the sessions.</p>	<p>Attwood</p>	<p>Eight (8) sessions</p> <p>Thursdays 23 – 30 April Time: 10.00-11.30am</p> <p>Tuesdays 5 – 12 May Time: 10.00-11.30am</p> <p>Tuesdays 19 May – 9 June Time: 4.00-5.30pm</p>	<p>Cost: Free</p> <p>Childcare: Children aged 6-12 years attend the group during the last four weeks of the group.</p> <p>Contact to discuss additional childcare needs.</p>	<p>N-HARP Intake</p> <p>Ph: 9450 4700</p> <p>NHARPintake@berrystreet.org.au</p>

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<p>Moving On N-HARP</p> <p>Family violence recovery program for young males (13-18). The program supports young people to gain an understanding of FV and trauma, connect personal familial and cultural narratives of FV that support or hinder recovery, supports the young person to explore trauma reaction and healthy ways to respond, and build confidence to create new ways of relate to self and others.</p>	Glenroy & Heidelberg	<p>Eight (8) sessions</p> <p>Mondays</p> <p>27 April – 22 June (no group on 8 June)</p> <p>Time: 4.00-5.30pm</p>	<p>Cost: Free</p> <p>Childcare: None provided</p>	<p>N-HARP Intake</p> <p>Ph: 9450 4700</p> <p>NHARPintake@berrystreet.org.au</p>

Groups for Children, Young People and Families

Group	Venue	Dates	Other	Contact
<p><i>Let's Play; Let's Play More Playgroups</i> Anglicare Victoria & ReGen Aims to strengthen parenting skills through play for vulnerable families with pre-school children. Run with Broadmeadows Women's Community House and Uniting ReGen, using the Small Talk model.</p>	<p>Cleveland Drive Child and Family Centre 24-26 Cleveland Dr (Cnr Essex Way), Craigieburn</p>	<p>Mondays Let's Play: 9.00-10.30am Let's Play More: 11.00am-12.30pm</p>	<p>Cost: Free Bookings essential</p>	<p>Ph: 9309 9433 womenshouse@anglicarevic.org.au</p>
<p><i>Small Steps; Little Steps</i> Anglicare Victoria & ReGen Aims to slowly build confidence as a parent through singing, reading stories and play. Gentle encouragement for vulnerable families using the Small Talk model. Run in partnership with Uniting ReGen.</p>	<p>Broadmeadows Community Hub Cnr Widford St and Freda St, Broadmeadows</p>	<p>Tuesdays Small Steps: Time: 9.00-10.30am Little Steps: Time: 11.00am-12.30pm</p>	<p>Cost: Free Bookings essential</p>	<p>Ph: 9309 9433 womenshouse@anglicarevic.org.au</p>
<p><i>Growing Connections</i> Anglicare Victoria Growing Connections aims to strengthen the bond between mothers and their <u>primary school aged children</u> who have experienced family violence by increasing the mother's confidence and skills to nurture and build their relationship post-group. The group involves art, craft, play and movement activities. This is a safe,</p>	<p>Location: Anglicare Broadmeadows Address: 32 Railway Crescent, Broadmeadows</p>	<p>Wednesdays 29 April - 17 June (8 weeks) Time: 10.30am-12.30pm</p>	<p>Cost: Free Childcare: N/A</p>	<p>Zenaida Ph: 9301 5262 or 0447 185 875</p>

Groups for Children, Young People and Families

Group	Venue	Dates	Other	Contact
supportive and fun group for mothers and children to attend together.				
<p>Art & Soul</p> <p>Anglicare Victoria</p> <p>A one-day school holiday program designed to provide mothers and their children with an introductory experience to our 8-week Growing Connections group while learning and having fun in a supportive group environment. The program will provide a mixture of activities that are:</p> <ul style="list-style-type: none"> • Indoor & Outdoor • Art based and Creative • Sensory Integrated • Play based 	<p>Anglicare</p> <p>32 Railway Crescent, Broadmeadows</p>	<p>Thursday 9th April 2020</p> <p>Time: 10.00am to 1.30pm (lunch provided)</p>	<p>Cost: Free</p> <p>Childcare: N/A</p>	<p>Zenaida</p> <p>Phone: 9301 5262 or 0447 185 875</p>

Groups For LGBTIQ Community

Group	Venue	Dates	Other	Contact
<p><i>ReVisioning – MBCP</i></p> <p>Thorne Harbour Health</p> <p>Men’s Behaviour Change program for GBTIQ male identifying people who use violence and control in their intimate partner relationships.</p> <p>While not held in the Northern Region, Thorne Harbour Health is a state-wide service so participants living in the North can attend this group.</p>	<p>Thorne Harbour Health Level 5/615 St Kilda Rd Melbourne</p> <p>Limited assistance may be provided for transport costs.</p>	<p>Every Tuesday during 2020 Time: 6-8pm</p> <p>20 session attendance required.</p>	<p>Cost: Gold coin donation (cost can be waived for low income clients)</p> <p>Childcare: Not available</p>	<p>Intake Worker Ph: 9865 6700 revisioning@thorneharbour.org</p>

Groups for Men

Group	Venue	Dates	Other	Contact
<p><i>Koori Men's Behaviour Change Program</i></p> <p>Dardi Munwurro</p> <p>Offers a Koori Men's Behaviour Change Program with an intensive residential diversion response.</p>	273 High Street Preston	Call for details of dates and times	Cost: Free	Ph: 1800 435 799 Intake@dardimunwurro.com.au
<p><i>Men's Behaviour Change Program</i></p> <p>DPV Health</p> <p>The program uses group learning techniques to:</p> <ul style="list-style-type: none"> • Support men to become more aware of their own, and other men's, abusive and violent behaviours • Take responsibility for their own abuse and violence • Build knowledge of alternative behaviours to abuse and violence. 	Call for details	Call for details of dates and times	Childcare: Not available	DPV Health Intake Service Ph: 9409 8787
<p><i>South Asian Men's Behaviour Change Program</i></p> <p>Uniting (Kildonan)</p> <p>The program invites men to consider the impact of the violence they use within their family including tactics of coercive control towards current partners, ex partners and children. It</p>	40 Burgundy St, Heidelberg	Monday nights Time: 6-8pm	Cost: Free Childcare: Not available Participants must contact Uniting to undertake and assessment before attending the group	Tina Mendico Ph: 9457 0500

Groups for Men

Group	Venue	Dates	Other	Contact
also addresses specific cultural values and issues.				
<p><i>Men's Behaviour Change Program for Fathers Group</i> Uniting (Kildonan)</p> <p>The program invites men to consider the impact of the violence they use within their family including tactics of coercive control towards current partners, ex partners and children.</p>	High St, Reservoir	<p>Monday nights</p> <p>Time: 6-8pm</p>	<p>Cost: Free</p> <p>Childcare: Not available</p>	<p>Tina Mendico</p> <p>Ph: 9457 0500</p>
<p><i>Arabic Speaking Men</i> Uniting (Kildonan)</p> <p>The program invites men to consider the impact of the violence they use within their family including tactics of coercive control towards current partners, ex partners and children. It also addresses specific cultural values and issues.</p>	Broadmeadows	<p>Saturdays</p> <p>Time: 10am-12pm</p>	<p>Cost: Free</p> <p>Childcare: Not available</p>	<p>Tina Mendico</p> <p>Ph: 9457 0500</p>
<p><i>Men's Behaviour Change Programs</i> Uniting (Kildonan)</p> <p>The program invites men to consider the impact of the violence they use within their family including tactics of coercive control towards current partners, ex partners and children.</p>	<p>188 McDonald's Rd Epping</p> <p>High St, Reservoir</p>	<p>Tuesdays</p> <p>Time: 6-8pm</p> <p>Thursdays</p> <p>Time: 6-8pm</p>	<p>Cost: Free</p> <p>Childcare: Not available</p> <p>Participants must contact Uniting to undertake and assessment before attending groups</p>	<p>Tina Mendico</p> <p>Ph: 9457 0500</p>

Groups for Men

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<p><i>Men's Behaviour Change Program</i> Sunbury Community Health</p> <p>The 20-week program assists men to change the way they think and act so they can form more respectful relationships with their partners, children, families, friends or those at work.</p>	Sunbury	Call for details of dates and times	Cost: \$9 - \$25 Childcare: Not available	Sunbury Community Health Ph: 9744 4455