



WOMEN'S HEALTH
IN THE NORTH

Week Without Violence Campaign 16-22 October 2023

The Week Without Violence is a global campaign to end violence against women. Every year, community members and organisations in the northern metropolitan region of Melbourne participate in the Week Without Violence campaign to raise awareness about family violence.

People mark the Week Without Violence by drawing or painting T-shirts and displaying them on a virtual or real clothesline. The concept is simple: each participant expresses their feelings about family violence, on a T-shirt. Here is a [paper T-shirt to download](#).

Join the Week Without Violence Campaign

This year's theme is 'Listen, **Believe**, Connect: Connect with organisations and people who can help.'

- Listen carefully to victim survivors as they know their world best
- Believe victim survivors when they share their experiences
- Suggest services that might help and explain what they do.

Messages to Share with your T-shirt on Social Media

- This is the Week Without Violence. Together we can end family violence.
- Join the Week Without Violence campaign and make sure victim survivors are listened to, believed and referred to services that can help.
- I've joined the Week Without Violence campaign. Everyone deserves to feel safe and respected.
- During the Week Without Violence, it is a reminder to listen, believe and connect people who talk about their experience of family violence.
- If you or someone you know is experiencing family violence, help is available. Contact Safe Steps 24/7 on 1800 015 188. Call 000 if you are in immediate danger.

When you share these messages on social media (e.g. Facebook, Instagram, Twitter), add this hashtag: #WWV2023 and link to www.nifvs.org.au/event-directory/week-without-violence/

Help is Available

Find out about services that can help: <https://www.nifvs.org.au/resources/nifvs-family-violence-resources/family-violence-posters/>

